**NCNAA Schedule for A and B Days**

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| **TIME** | **Class Periods for A Days and B Days** |
| 8:15-9:45 | 1st Period (A Days) and 5th Period (B Days) |
| 9:45-9:55 | TECHNOLOGY BREAK |
| 9:55-11:25 |  2nd Period (A Days) and 6th Period (B Days) |
| 11:25-11:55 | LUNCH |
| 11:55-1:25 |  3rd Period (A Days) and 7th Period (B Days) |
| 1:25-1:35 | TECHNOLOGY BREAK |
| 1:35-3:12 |  4th Period (A Days) and 8th Period (B Days) |

**NCNAA Schedule for C Days**

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| **TIME** | **Class Periods for C Days** |
| 8:15-8:55 | 1st Period  |
| 8:55-9:00 | BREAK |
| 9:00-9:40 |  2nd Period |
| 9:40-9:50 | BREAK |
| 9:50-10:30 |  3rd Period |
| 10:30-10:35 | BREAK |
| 10:35-11:20 | 4th Period |
| 11:20-11:25 | BREAK |
| 11:25-12:10 | 5th Period |
| 12:10-12:40 | LUNCH |
| 12:40-1:25 | 6th Period |
| 1:25-1:30 | BREAK |
| 1:30-2:10 | 7TH Period |
| 2:10-2:15 | BREAK |
| 2:15-2:55 | 8th Period |
| 2:55-3:15 | Study Hall/Home Teams |

**Instructional Breakdown: Approx. minutes per day**

Synchronous live lessons: 130 – 160 minutes

Asynchronous independent work: 130 – 160 minutes Intervention/Live support: 20 – 50 minutes (will vary)